



**SHRI LAL BAHADUR SHASTRI GOVT.  
MEDICAL COLLEGE AND HOSPITAL**  
MANDI AT NERCHOWK, HIMACHAL PRADESH



# **ANTI- RAGGING RULES & REGULATIONS**

“THE REAL EDUCATION  
IS OUR ATTITUDE  
AND  
BEHAVIOUR WITH OTHERS.  
IT DEFINES  
OUR ENTIRE PERSONALITY.  
NO MATTER  
HOW QUALIFIED WE ARE”

*By*

**Dr Ratti Ram Negi  
Professor & Head Radiotherapy  
-Cum Member Secretary  
Anti Ragging Committee  
SLBSGMC & Hospital Mandi  
At Nerchowk H.P.**

**Dr D K Verma  
Principal -Cum  
Chairman  
Anti Ragging Committee  
SLBSGMC & H Mandi  
At Nerchowk H.P.**

*Recommended by:*

**Anti Ragging Cell, SLBSGMC & H Mandi at Nerchowk  
District Mandi, Himachal Pradesh**



**1. Definition of Ragging:** -Ragging shall means “Any disorderly conduct weather by words spoken or written or by an act which has the effect of teasing , treating or handling with rudeness any other student, indulging in rowdy or Undisciplined activities which causes or is likely to causes annoyance, hardship or psychological harm or to raise fear or apprehension thereof in a fresher or a junior student or asking the students to do any act or perform something which such student will not in the ordinary course and which has the effects of causing or generating a sense of shame or embarrassment so as to adversely affect the physique or psyche of a fresher or a junior student .”

2. In pursuance to point 3 of University Grants Commission (UGC) Regulations on Curbing the Menace of Ragging in Higher Educational Institution, 2009 (Under Section 26 (1)(G) of The University Grant Commission Act, 1956) New Delhi -110002, The 17th June 2009 and point 3&4 of National Medical Commission (Prevention and Prohibition of Ragging in Medical College and Institutions) Regulations, 2021. National Medical Commission Notification New Delhi, The 18th November, 2021,

### **Actions that may constitute Ragging as:**

- I. The Conduct by any student or students’ weather by words spoken or written or by an act which has the effect of teasing, treating or handling with rudeness a fresher or any other student.
- II. Indulging in rowdy or undisciplined activities by any student or students which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student.
- III. Asking any student to do any act which such the student will not in the ordinary course do and which has the effect of causing or generating a sense of shame, or torment or embarrassment so as to adversely affect the physique or psyche of such fresher or any other student.
- IV. Any act by a senior student that prevents, disrupts or disturbs the regular academic activity of any other student or a fresher.
- V. Exploiting the services of a fresher or any other student for completing the academic tasks assigned to an individual or a group of students.
- VI. Any act of financial extortion or forceful expenditure burden put on a fresher

- or any other students by students.
- VII. Any act of physical abuse including all variants of it: Sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures, causing bodily harm or any other danger to health or persons.
  - VIII. Any act or abuse by spoken words, emails, post, snail-mails, blogs, public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill form actively or passively participating in the discomfiture to fresher or any other student.
  - IX. Any act of physical or mental abuse (including bullying and exclusion) targeted at another student (fresher or otherwise) on the ground of colour, race, religion, caste, ethnicity, gender (including transgender), sexual orientation appearance, nationality, regional origins, linguistic identity, place of birth place of residence or economic background.
  - X. Any act that undermines human dignity and respect through humiliation or otherwise
  - XI. Any act that affects the mental health and self-confidence of a fresher or any other student with or without an intent to derive a sadistic pleasure or showing off power, authority or superiority by a student over any fresher or any other student.
  - XII. Any other act not explicitly mentioned above but otherwise construed as an act of ragging in the letter and spirit of the definition for ragging as provided under Section 3 and 4 of NMC and 3 of UGC.

3. In pursuance to point 7 of University Grants Commission (UGC) Regulations on Curbing the Menace of Ragging in Higher Educational Institution, 2009 (Under Section 26 (1)(G) of The University Grant Commission Act, 1956) New Delhi -110002, The 17th June 2009 and point 24 of National Medical Commission (Prevention and Prohibition of Ragging in Medical College and Institutions) Regulations, 2021. National Medical Commission Notification New Delhi, The 18th November, 2021,

### **The broad ingredients that call for Punitive Actions are as: -**

- I. Abetment to Ragging
- II. Criminal conspiracy to Ragging
- III. Unlawful assembly and rioting while Ragging
- IV. Public nuisance created during Ragging
- V. Violation of decency and morals through Ragging
- VI. Physical or Psychological humiliation
- VII. Causing injury to body, causing hurt or grievous hurt
- VIII. Wrongful restraint

- IX. Wrongful confinement
- X. Use of criminal force
- XI. Assault as well as sexual offences or even unnatural offences
- XII. Extortion in any form
- XIII. Criminal intimidation
- XIV. Criminal trespass
- XV. Offences against property
- XVI. Attempts to commit any or all of the above-mentioned offences against the victim (s)
- XVII. Threat to commit any or all of the above- mentioned offences against the victim (s)
- XVIII. Any other act construed as provided under Section 3 and 4 of NMC and 3 of UGC.

In pursuance to point 9.1 of University Grants Commission (UGC) Regulations on Curbing the Menace of Ragging in Higher Educational Institution, 2009 (Under Section 26 (1)(G) of The University Grant Commission Act, 1956) New Delhi -110002, The 17<sup>th</sup> June 2009 and point 24 (5) of National Medical Commission (Prevention and Prohibition of Ragging in Medical College and Institutions) Regulations, 2021. National Medical Commission Notification New Delhi, The 18th November, 2021,

**The institute may take the Punitive Actions/ Administrative Action in the event of Ragging are as: -**

- i. Suspension from attending classes and academic privileges.
- ii. With holding or withdrawing scholarship or fellowship and other benefits.
- iii. Debarring from appearing in any test or examination or other evaluation process.
- iv. With holding results.
- v. Debarring from attending Conferences, and other academic programs
- vi. Debarring from representing the institution in any regional, national or international meet, tournament, youth festival, etc.
- vii. Suspension or expulsion from the hostel.
- viii. Imposition of a fine ranging from Rupees Twenty-Five Thousand to Rupees One Lakh.
- ix. Cancellation of admission.
- x. Rustication from Medical college or institution for a period ranging from one to four semesters.

- xi. Expulsion from the Medical Colleges or institutions and consequent debarring from admission to any other institution for a specified period.
- xii. Entry of committing or abetting Ragging in the migration certificate, transfer certificate and conduct certificate apart from those relating to general conducting behavior.
- xiii. Any other measures as directed by court of law shall be followed by the medical college or institution.
- xiv. **Collective punishment: - when the persons committing or abetting the crime of ragging are not identified the institution shall resort to collective punishment as a deterrent to ensure community pressure on potential ragger.**

## **5. Mechanism of Ragging Complaints Registration for Student: -**

The complaints of ragging are being registered through the following means:

1. Anti Ragging Control Room or Helpline of SLBSGMC&H Mandi at Nerchowk H.P., 18001808029, +911905-243953
2. Via e-mail: [helpline@antiragging.in](mailto:helpline@antiragging.in)
3. National Anti-Ragging Help Line: 1800-180-5522. 24x7 Toll Free Number
4. The National Anti-Ragging Helpline website - [www.antiragging.in](http://www.antiragging.in)
5. The Monitoring Agency website - [www.c4yindia.org](http://www.c4yindia.org)
6. Principal SLBSGMC&H Nerchowk – 01905 243945, Mobile No. 9816005011,  
  
E- mail- [prslbsgmchmandi@gmail.com](mailto:prslbsgmchmandi@gmail.com)
7. College Website: - <http://www.slbsgmchmandi.com>
8. Police station Balh/ SHO Balh: - 01905242268, E-mail- [police.balh@nic.in](mailto:police.balh@nic.in)

## 9. Anti Ragging Committee

S/No	Names & Address	Designation	Contact no.	E- Mail ID
1.	Prof. Dr D.K. Verma Principal, SLBSGMC&H Mandi at Nerchowk.	Chairman	9816005011	<a href="mailto:prslbsgmchmandi@gmail.com">prslbsgmchmandi@gmail.com</a> <a href="mailto:dkv_sml@redffimail.com">dkv_sml@redffimail.com</a>
2.	Prof. Dr Ratti Ram Negi Professor & Head, Dept. of Radiotherapy, SLBSGMC&H Mandi at Nerchowk.	Member Secretary/ Nodal Officer	9418455528	<a href="mailto:drnnegi@gmail.com">drnnegi@gmail.com</a>
3.	Prof. Dr Rajesh Kumar Professor & Head, Dept. of Medicine, SLBSGMC&H Mandi at Nerchowk.	Member	9418084514	<a href="mailto:rajeshbhawani@yahoo.com">rajeshbhawani@yahoo.com</a>
4.	Prof. Dr Ramesh Kumar Professor & Head, Dept. of Psychiatry, SLBSGMC&H Mandi at Nerchowk.	Member	9418189949	<a href="mailto:tzramesh@gmail.com">tzramesh@gmail.com</a>
5.	Prof. Dr Rekha Bansal Professor & Head, Dept. of Pulmonary Medicine, SLBSGMC&H Mandi at Nerchowk.	Member	9459933703	<a href="mailto:drdotrekha@gmail.com">drdotrekha@gmail.com</a>
6.	Prof. Dr Sandeep Kalia Professor & Head, Dept. of Orthopaedics, SLBSGMC&H Mandi at Nerchowk.	Member	9418311121	<a href="mailto:hodorthoslbsgmch@gmail.com">hodorthoslbsgmch@gmail.com</a>
7.	Prof. Dr Parikshit Malhotra Professor & Head, Dept. of Surgery, SLBSGMC&H Mandi at Nerchowk.	Member	9418450772	<a href="mailto:drpn1972@gmail.com">drpn1972@gmail.com</a>
8.	SDO/SDM or its representative Block Balh, Distt. Mandi H.P.	Member	01905 242001	<a href="mailto:sdmbalh@gmail.com">sdmbalh@gmail.com</a>
9.	Sh. Dharma Prakash Gupta, President, society for education & environment, VPO kummi Balh, Mandi.	Member	9816010020	<a href="mailto:dp.dharm@gmail.com">dp.dharm@gmail.com</a>
10.	Dr Ramesh Guleria Chief Warden, SLBSGMC&H Mandi at Nerchowk.	Member	9418029010	<a href="mailto:drrameshgularia@gmail.com">drrameshgularia@gmail.com</a>
11.	Dr Kamal Preet Head of Department, Dept. of Pathology, SLBSGMC&H Mandi at Nerchowk.	Member	8894096787	<a href="mailto:kamalpreet.15@gmail.com">kamalpreet.15@gmail.com</a>
12.	Mr. Vipan Bhardwaj Law Officer, SLBSGMC&H Mandi at Nerchowk.	Member	9418052560	<a href="mailto:vipan52560@gmail.com">vipan52560@gmail.com</a>
13.	Station House Officer (SHO) Balh, Mandi.	Member	01905 242268	<a href="mailto:police.balh-hp@nic.in">police.balh-hp@nic.in</a>
14.	Mr. Mukesh Mehra Jagran Correspondent, Mandi HP.	Member	8894131606	<a href="mailto:mukesh.k968@gmail.com">mukesh.k968@gmail.com</a>
15.	Mr. Rakshit Sharma President Centre Student Association.	Member	7807010267	---

## 10. Distt. & Local Administration

Sr. no.	Name	Designation	Contact No.	E-mail ID
1.	Sh. Apoorv Devgan (IAS)	Deputy Commissioner	01905-225201	<a href="mailto:dc-man-hp@nic.in">dc-man-hp@nic.in</a>
2.	Superintendent of police	Superintendent of police	01905-222470	<a href="mailto:Sp-man-hp@nic.in">Sp-man-hp@nic.in</a>
3.	SDO/SDM or its representative Block Balh, Distt. Mandi H.P.	SDO/SDM Balh	01905-242001	<a href="mailto:sdmbalh@gmail.com">sdmbalh@gmail.com</a>
4.	President MC Nerchowk	President M C Nerchowk	242005	<a href="mailto:mcnerchowk@gmail.com">mcnerchowk@gmail.com</a>
5.	Station House Officer (SHO) Balh, Mandi.	SHO Balh	01905-242268	<a href="mailto:police.balh-hp@nic.in">police.balh-hp@nic.in</a>

## 11. Hostel Committee

S.N.	Name & Address	Designation	Contact no.	E-mail ID
1	Prof. Dr Ramesh Kumar Prof. & Head, Dept. of Psychiatry, SLBSGMC&H Nerchowk.	Chairman	9418077308	<a href="mailto:tzramesh@gmail.com">tzramesh@gmail.com</a>
2	Dr Ramesh Guleria Chief Warden Hostels SLBSGMC&H Nerchowk.	Member secretary	9418029010	<a href="mailto:drameshgularia@gmail.com">drameshgularia@gmail.com</a>
3	Prof. Dr Ratti Ram Negi, Professor & Head, Dept. of Radiotherapy SLBSGMC&H Nerchowk.	Member	9418455528	<a href="mailto:drnnegi@gmail.com">drnnegi@gmail.com</a>
4	Dr Ravi Sharma Associate Professor, Dept. of Medicine, SLBSGMC&H Nerchowk.	Member	9418900113	<a href="mailto:sharmaravi0243@gmail.com">sharmaravi0243@gmail.com</a>
5	Dr Deepak Sharma Warden (MBBS Boys Hostel) SLBSGMC&H Nerchowk.	Member	9816073935	<a href="mailto:drdksharma5@rediffmail.com">drdksharma5@rediffmail.com</a>
6	Dr Ashwani Assistant Warden (MBBS Boys Hostel) SLBSGMC&H Nerchowk.	Member	9418200980	<a href="mailto:akslbsgmch@gmail.com">akslbsgmch@gmail.com</a>
7	Dr Pradeep Assistant Professor, Dept. of Anatomy SLBSGMC&H Nerchowk.	Member	9816756685	<a href="mailto:03pkdoc@gmail.com">03pkdoc@gmail.com</a>
8	Dr Ajay Sharma Warden (RDH Hostels) SLBSGMC&H Nerchowk.	Member	7018309377	<a href="mailto:drajaysharma1976@gmail.com">drajaysharma1976@gmail.com</a>
9	Dr Saru Thakur Warden (Intern Hostel of MBBS Girls) SLBSGMC&H Nerchowk.	Member	9418059069	<a href="mailto:saru.piscean@gmail.com">saru.piscean@gmail.com</a>
10	Dr Richa Gupta Warden (MBBS Girl Hostel) SLBSGMC&H Nerchowk.	Member	7018536414	<a href="mailto:thakur.drricha@gmail.com">thakur.drricha@gmail.com</a>

Ragging is a problem of students, created by the students and

therefore, solution to it also lies with the students.

Our Institute follow Zero tolerance to the ragging, hence unite against ragging and  
shake hands to make campus ragging free.

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